



HR Connections

May 2023

We hope the HR Connections newsletter provides information to help you get the most from your HR department. This issue highlights many of the health benefits available to employees, emotional wellbeing resources for staff, upcoming important dates, staffing updates, and so much more!

If you have any questions about HR or the services we provide, please contact your HR Generalist! We hope you have a great end to the year, and a wonderful summer!



Ask Your HR Generalist

Get to know what your HR Generalist can do for you!

- Thinking about applying for a new position over the summer? Your HR Generalist can answer questions about job qualifications, salary, and application deadlines.
- Salary calculation questions? The district equalizes pay and this unique process can be tough to understand. We can help explain how your salary is calculated.
- Need to take a leave of absence? Your HR Generalist can help with providing necessary paperwork, reviewing employee responsibilities and expectations while on a leave of absence.
- New Hire? We look forward to having you attend our virtual New Employee Orientation session to step confidently into your new role in the district. Some topics covered: Information Technology, Payroll, and Benefits.

See page four for your HR Generalist contact information.



Reminders

- [Summer calendar](#)
- Staffing Dates:
 - Classified Preference Survey opens May 1 – closes May 5 @5:00pm
 - Classified staffing May 11
 - Classified results go out on or before May 15
 - Classified vacancies after staffing post May 17 – close May 19
 - Instructional vacancies after staffing post May 2 – May 4
- May 12 - Wear Green for Mental Health Month
- Prevention Pays due June 14 for the June 30 payout
- Express Scripts is our pharmacy provider. Login for account information at <https://express-scripts.com/>



Pathways
TO HEALTH



PATHWAYS TO HEALTH

Important Medical Plan Information June 30 Deadline!

Important information! The June 30, 2023 deadline is fast approaching for the Pathways to Health, a new voluntary program that applies to employees on the district's medical plan.

This voluntary program requires employees who would like to continue the option of electing any of the 4 medical plans at \$0 cost for the Employee Only tier coverage to obtain a preventative wellness exam once every 24 months. Those who do not obtain their preventative wellness exam will only have the Low PPO at \$0 cost for Employee Only tier.

Scan QR code for additional details or [click here](#)



MAY IS
**MENTAL HEALTH
AWARENESS MONTH**

WEAR GREEN DAY
FRIDAY, MAY 12





**Healthcare
Bluebook**

Earn Rewards Using Healthcare Bluebook

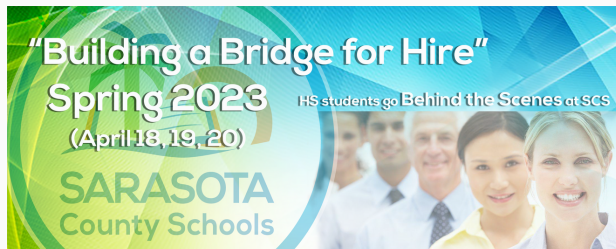
Your guide to fair pricing for healthcare services! Employees enrolled in one of the district's medical plans with Florida Blue can earn cash rewards and save money with Healthcare Bluebook. Find affordable high-quality medical care with a simple search.

In fact, many get money back! That's right, you can earn a reward every time you search for select procedures in Healthcare Bluebook and use a 'Fair Price' facility for your care. No forms or extra steps required. The 5 most popular searches include: Knee MRI, Colonoscopy, Total Knee Replacement, Ear Tube Replacement, and Shoulder Arthroscopy.

[Click here to access Healthcare Bluebook](#) and starting shopping for a 'Fair Price' provider!

Workforce Development

Thank you to all who participated in the first ever **"Building a Bridge for Hire"** Job Shadow event April 18, 19, 20. Our HS Seniors visited behind the scenes at twelve SCS Operations Departments for career opportunities.



Certification Reminders

Instructional Contract renewal is contingent upon meeting all certification requirements listed below by June 30:

- **Professional certificates** that expire 06/30/2023: Submit Renewal application on the DOE website and return \$75 application fee to Heather Walsh in HR by 06/30/2023.
- **Temporary certificates** are now extended to a 5 year validity period;
 - Certificates with the expiration date of 06/30/2023 will now expire 06/30/2025
 - Certificates with the expiration date of 06/30/2024 will now expire 06/30/2026
 - Certificates with the expiration date of 06/30/2025 will now expire 06/30/2027
- **Endorsement out-of-field requirements:** All 2022-2023 school year out-of-field requirements must be completed by 06/30/2023.
 - ESOL endorsement must complete one course this school year
 - Gifted/ASD endorsement must complete two courses this school year

Once all courses/requirements are completed, apply to add the endorsement to your certificate.

Subject area out-of-field requirements

- Pass the subject area exam and apply to add to certificate by 06/30/2023. (Allow 4 to 6 weeks processing time).

Contact your Certification Specialist (Keisha Wilson at ext. 34734 or Andrea Jordan at ext. 31211) or the Certification Assistant (Heather Walsh at ext. 31206) if you have questions. [Click Here for Application How-To Videos](#)

Retirement and FRS On-Demand Workshops

"Retirement 101" Workshop Recording

Missed the live workshop? We have you covered!

[Click here](#) to watch the recording and learn more about FRS and voluntary savings plans available to you.

"FRS Workshops"

[Click here](#) to watch recordings of any of the following workshops!

Using FRS to Plan for Retirement * Nearing Retirement in the FRS
Protecting Yourself and Your loved Ones * Investment Planning
New Employee Retirement Plan Choice * Education Planning
Taking Control of Your Finances * Income Tax Planning
Understanding the FRS Investment Plan



Making the Most of Your Humana Vision Benefits

Did you know, eye exams are only \$10 if you use an in-network provider through your vision Humana insurance? And contact lens fittings are only up to \$35 for using an in-network provider. [Click here](#) for the vision benefits guide.

Periodic eye exams are an important part of routine [preventive healthcare](#). Eye exams play a crucial part in detecting symptoms for certain diseases such as high blood pressure, diabetes, hypertension, and glaucoma. This [video](#) provides information on how regular exams keep you healthy.

Our plans also include an annual eye exam and additional services for [diabetes eye care](#), including several no-cost services with [in-network](#) providers such as no cost examinations, retinal imaging, extended Ophthalmoscopy, Gonioscopy and scanning laser, up to 2 services per year. Additional information can be found in [the vision benefits guide](#).

You can order eye glasses at [glasses.com](#) or contact lenses at [contactsdirect.com](#) and use your in-network benefits.

There is more information online at [Benefits Solver](#) or you can visit [humana.com](#).



Upcoming Job Fairs!

The Recruitment Team is currently hosting our 4th annual virtual job fair for instructional candidates. The event will run through Friday, May 5. Please share this registration information with your friends who want to teach in our district!



[Click here or
scan QR code to
learn more!](#)



[Click here or
scan QR code
register](#)

For more information, please contact the Recruitment Team at Recruitment@sarasotacountyschools.net



May is Mental Health Awareness Month

Emotional Wellbeing Activities for May

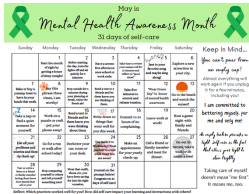
Building Resilience Webinar

On Demand, presented by Florida Blue

[Webinar Link](#)



31 Days of Mindfulness Calendar



[Click to download PDF calendar](#)

NEW Workshop! Happiness: Learning from Positive Psychology

May 16 @ 4:30pm
Virtual Workshop

[Click here to register and for workshop details!](#)



Resilient Retreat

Kind Line Support:
941-343-0039

Check out the [online calendar](#) of upcoming activities available to staff, both in person and virtual!

1 in 5 U.S. adults experience mental illness each year. Taking care of your mental health is just as important as taking care of your physical health. Don't be afraid to get help when you need it - we've included some resources to get you started.

LifeWorks EAP

LifeWorks offers support with mental, financial, physical and emotional wellbeing.

*Employees and household members receive 3 free counseling sessions per unique issue, regardless of insurance coverage

Call 1-844-664-0379 or visit www.login.lifeworks.com and use "scs" for both the username and password.

[Click here for more information](#)

Wear Green May 12!

For staff resources, click here or scan QR code



The Calm app is available to board-appointed employees at no cost!

Explore guided meditations and specialized playlists to help with stress and focus, mindful movement video and audio, relaxing Sleep Stories, wisdom-filled masterclasses led by experts, and much more. Use Calm to build mental resilience through better sleep, mindfulness, and meditation.

[Click here for registration details!](#)

Silvercloud

What is Silvercloud?

Silvercloud is a program available to all employees enrolled in one of the District's medical plans with Florida Blue. This program provides goal-based programs that focus on anxiety, depression, sleep issues, stress and resilience. Each includes 5-7 lessons that can be completed at your own pace.

Focused on:

- Anxiety
- Depression
- Sleep Issues
- Stress
- Resilience



Every mind deserves better

You and your dependents can now access discreet, personalized mental health support and care. It's what you deserve.

Check your medical coverage benefit materials for more information.



How to Sign Up for Silvercloud:

1. Visit express-scripts.com/healthsolutions
2. Login to your Express Scripts account
3. Eligible members will see an access code and link to enroll

Once logged in, take the short Wellbeing Quiz to get started personalizing programs based on you!

9-8-8 Suicide and Crisis Lifeline

New Directions with Florida Blue

Help is just a phone call away, 24 hours day/7 days a week. As a member of Florida Blue, your health insurance plan includes behavioral health benefits. Call New Directions at 1-866-287-9569 to find an in-network provider.

[Click here for details](#)



Mental Health Services are available to Florida Blue members through Teladoc. Obtain virtual counseling with online therapists and psychiatrists 7 days a week!

To get started, set up your Teladoc account:

- Mobile App: Visit Teladoc.com/mobile to download the mobile app and click "Activate Account".
- Call Teladoc: Teladoc can help you register your account by calling 1-855-835-2362

[Click here for a flyer!](#)

For more HR information, please check out the website at:
<https://www.sarasotacountyschools.net/hr>

Human Resources - Contact Information

HUMAN RESOURCES TEAM	HUMAN RESOURCES TEAM	HUMAN RESOURCES TEAM
VALETA CLARK – HR GENERALIST - 31201	CALYN TULLY – HR GENERALIST - 31209	ALANNA MAYER – HR GENERALIST - 34123
DORIE CLEERE – SALARY - 31208	BETH TURGEON – SALARY - 31210	NANCY MAVRIKAS – SALARY - 34736
KEISHA WILSON – CERTIFICATION - 34734	ANDREA JORDAN – CERTIFICATION - 31211	
RASHEA JOHNSON – RECRUITER - 34121	CHRISTINA ROGERS-HEHR – RECRUITER - 31243	
0301 - ASHTON ELEMENTARY	0012 - ALTA VISTA ELEMENTARY	9029 - FACILITIES SERVICES
9025 - ASST SUPT-COO	9049 - ASST SUPT-CAO	9021 - FOOD & NUTRITION SERVICES
0085 - BOOKER HIGH SCHOOL	1241 - ATWATER ELEMENTARY	9020 - INFORMATION TECHNOLOGY
0101 - BRENTWOOD ELEMENTARY	0071 - BAY HAVEN SCH. OF BASICS PLUS	9035 - SAFETY, SECURITY & SCHOOL POLICE
0111 - BROOKSIDE MIDDLE SCHOOL	0084 - BOOKER MIDDLE SCHOOL	9030 - TRANSPORTATION DEPARTMENT
9042 - CONSTRUCTION SERVICES	9037 - BUDGET CONTROL	
1271 - CRANBERRY ELEMENTARY	9014 - CAREER TECHNICAL EDUCATION	
9051 - ESE SUPPORT SERVICES	9075 - COMMUNICATIONS & COMMUNITY REL	
9003 - EXEC DIRECTOR/ELEMENTARY ED	0501 - EMMA E. BOOKER ELEMENTARY	
9004 - EXEC DIRECTOR/SECONDARY ED	0121 - ENGLEWOOD ELEMENTARY	
9038 - FINANCIAL SERVICES	0131 - FRUITVILLE ELEMENTARY	
0381 - GARDEN ELEMENTARY	1261 - HERON CREEK MIDDLE SCHOOL	
0461 - GLENALLEN ELEMENTARY	9054 - INST MATERIALS & LIBRARY SVCS	
0261 - GOCIO ELEMENTARY	0471 - LAKEVIEW ELEMENTARY	
0271 - GULF GATE ELEMENTARY	1341 - LAMARQUE ELEMENTARY	
9023 - HUMAN RESOURCES	0141 - MCINTOSH MIDDLE SCHOOL	
1211 - LAUREL NOKOMIS SCHOOL	0293 - OAK PARK SCHOOL	
9033 - MATERIALS MANAGEMENT	9016 - OFFICE OF ACCOUNTABILITY & CHOICE	
1251 - NORTH PORT HIGH SCHOOL	9039 - OFFICE OF SUPERINTENDENT	
0191 - SOUTHSIDE ELEMENTARY	0171 - PHILLIPPI SHORES ELEMENTARY	
9071 - STUDENT SERVICES	0021 - PINE VIEW SCHOOL	
1391 - SUNCOAST POLYTECHNICAL HS	0292 - PUPIL SUPPORT SVCS-ESE DIV	
0391 - SUNCOAST TECHNICAL COLLEGE	9015 - RESEARCH ASSESSMENT EVALUATION	
0491 - TAYLOR RANCH ELEMENTARY	0181 - RIVERVIEW HIGH SCHOOL	
0294 - TRIAD	0051 - SARASOTA HIGH SCHOOL	
1231 - TOLEDO BLADE ELEMENTARY	0031 - SARASOTA MIDDLE SCHOOL	
0211 - VENICE ELEMENTARY	9040 - SCHOOL BOARD MEMBERS	
0221 - VENICE HIGH SCHOOL	1282 - TATUM RIDGE ELEMENTARY	
0451 - VENICE MIDDLE SCHOOL	0201 - TUTTLE ELEMENTARY	
7004 - VIRTUAL FRANCHISE DISTRICT SCHL	0291 - WILKINSON ELEMENTARY	
1291 - WOODLAND MIDDLE SCHOOL		

